LETTER FROM THE ATHLETIC DIRECTOR

Dear Bobcats,

Welcome to the 2020-21 academic year! To those of you returning to Bates, welcome back to campus, and to our first-year students, congratulations on joining the Bates College Bobcats! This is certain to be a year unlike any other. While we are all disappointed that we won’t be competing this fall, we are all hopeful that we will adapt and learn to accomplish our collective goals in new ways. Now more than ever we must practice the skills that have been acquired during your time as a competitive athlete - perseverance, resilience and most of all being a great teammate! We will face different challenges this year, but all will be important life lessons that will help us grow as people and bring out the best of ourselves.

This year has proved to be a truly unprecedented time in college athletics. During this challenging time, we remain one team. Being a member of a Bobcat team is a privilege and with that privilege comes responsibility. You are leaders on campus and you will be looked upon to represent yourself, your team and Bates College with honor and integrity at all times. It is our goal in the Athletics department to support you throughout your time here in becoming your best self and striving for excellence in every aspect of your college experience. Bates stands ready to help provide you with an amazing academic and co-curricular experience, albeit in a new way. As we work together this year, we are committed to continuing to take on the challenges of these transformative times, and to foster an inclusive and equitable culture for all our participants. We are excited to see you thrive this year, both in the competitive arena (hopefully!) and out of it.

I am pleased to introduce you to our Student-Athlete Handbook. The purpose of this handbook is to provide you with accessible information related to our Athletics Department, Bates, NESCAC, and NCAA policies. This guide offers an overview and links to some of the most important policies and regulations related to student-athletes, and details a number of services available to you as a Bates student.

Please review the material in this handbook for important information regarding participation in varsity athletics at Bates. If you have any questions about the information please consult your head coach or feel free to contact me.

In the meantime, stay safe and take care of each other.
Go Bobcats!

Jason Fein
DEPARTMENT MISSION STATEMENT
The Department of Athletics and Physical Education promotes the mission of the College by providing appropriate amateur, gender-equitable athletic opportunities that enhance the overall liberal arts undergraduate experience. The members of the Athletics Department are professional educators who foster the principles of fair play, good sportsmanship and ethical conduct, and who are committed to the optimum intellectual, physical and personal development of all students. Consistent with Bates’ national reputation, the Department offers programs that strive for excellence and seek distinction within the New England Small College Athletic Conference and at the national level. The Department and its programs play a critical role in promoting diversity, respect, and inclusion while working to build community amongst students, faculty, staff, alumni, and throughout the Lewiston/Auburn community.

CAMPUS CONTACTS
Emergency Number - 6111
Academic Support Center - 6220
Campus Security - 6254
Center for Purposeful Work - 6232
Dining Services - 6299
Health Services - 6199
Information Technology - 8222
Residence Life - 6215
Counseling & Psychological Services - 6200
Office of Intercultural Education - 6033
Merrill Gymnasium - 6366

All phone numbers 207-786 unless specified

A full Athletics Department Staff Directory can be found on the Bates Athletics website.
ACADEMIC POLICY
Bates College has a longstanding tradition of excellence in athletics and academics. It is expected that all student-athletes embrace the true spirit behind Division III athletics and strive for academic achievement first, as well as athletic success. Student-athlete attendance at all classes is mandatory, and the deadlines set by professors must be met. Representing Bates College as a student-athlete is a privilege, and participation in athletics will not be accepted as a valid excuse for unauthorized missing classes, exams, or deadlines. Coaches will support student-athletes to achieve academic excellence, and each team has a faculty advisor that acts as a resource for players who may need help. A student-athlete should share all academic issues with their professors openly and honestly; similar to competition, if a student-athlete is struggling, it is an expectation that the student-athlete create an action plan to improve academic performance.
If a student-athlete cannot maintain both academic excellence and athletic success, the student-athlete will be asked by the Department of Athletics to focus strictly on academic coursework. It is a priority of the Department of Athletics and Bates College that students achieve academically first and foremost.

ELIGIBILITY & PARTICIPATION:
To practice or compete in a varsity sport, a student must be a full-time student (enrolled in at least 12 credit-hours) in good academic standing and making satisfactory progress toward a degree. If the student drops below the 3 courses (full time status) during a semester, he/she becomes immediately ineligible for competition.

The verification must be reviewed with their coach and athletic administrator. A student-athlete shall not engage in more than four seasons of intercollegiate competition in any one sport. A Division III student-athlete shall complete his or her seasons of participation during the first 10 semesters in which the student is enrolled as a full-time student in a collegiate institution.

No student-athlete will be allowed to participate in intercollegiate athletic competition until signed NCAA compliance forms are on file with the athletics department.

In order to participate you must be in good academic standing as defined by Bates College. More information on satisfactory academic progress can be found here.
STUDENT-ATHLETE RELEASE FROM CLASS AND EXAMS:
It is an expectation that student-athletes remain in constant communication with coaches and professors regarding release from scheduled class due to athletic competition. Student-athletes may not leave class unless they are officially released by their professor. Student-athletes must be proactive with their academics and stay on top of their course work.

Student-athletes may not miss class for a practice.

CAMPUS PARTNERS
HARWARD CENTER:
Getting involved in the off-campus community is a hallmark of a Bates education. Through both the curriculum and the co-curricular sphere, students work in partnership with local and Maine-based organizations, adding their talents and skills to local expertise and helping to address local needs. The Harward Center is the College’s hub for community engagement, providing information, guidance, connections, and logistical support for students who want to tap into this proud Bates tradition. Harward Center staff have deep connections in the off-campus community and stand ready to help students connect.

COUNSELING & PSYCHOLOGICAL SERVICES (CAPS):
Bates College recognizes that mental health significantly influences one’s ability to participate fully in the College community. Counseling & Psychological Services (CAPS) strives to enhance each student’s well being by providing comprehensive, confidential mental health care. Counseling is free to all Bates students. Students and their counselor together decide what is most beneficial and how long to continue treatment.

CENTER FOR PURPOSEFUL WORK:
Purposeful Work at Bates is about helping students discover the joy and power that arise from aligning who they are with what they do. It helps students identify and cultivate their interests and strengths and provides opportunities for them to acquire the knowledge, experiences, and relationships necessary to pursue their aspirations with imagination and integrity.

OFFICE OF INTERCULTURAL EDUCATION (OIE):
The Bates College Office of Intercultural Education strives to:
• Provide students with a sense of belonging in their social and intellectual communities
• Elevate students’ awareness of their personal power and effectiveness;
• Catalyze and educate allies among students, faculty, and staff by serving as a community hub that harnesses our differences.
STUDENT–ATHLETE CODE OF ETHICS

Purpose
Participating in Intercollegiate Athletics at Bates College provides the opportunity for students to develop their full potential in a rigorous academic setting that values varsity sport participation and the keenest competition as key components of the educational process. It is considered a privilege rather than a right to be a student–athlete and with that privilege comes certain responsibilities. Foremost among these responsibilities is the adherence to the Bates Student–Athlete Code of Ethics.

Bates College supports a prominent Division III NCAA intercollegiate athletics program. Your representation of the College, involving public exposure in the competitive arena and in the media, places you in a public position not experienced by other Bates students; a position that requires exemplary conduct. Your behavior has a most definite impact on the reputation of your particular team, the Department of Athletics and the College and also on the attitude that others not involved in intercollegiate athletics have toward you and your fellow student-athletes.

Definition
The Student–Athlete Code of Ethics provides general behavioral guidelines consistent with the responsibilities of participation, representation, and public exposure outlined above. The Code applies to all Bates students who are members of intercollegiate team(s), whether that sport is in season or not. In simple terms, any conduct that brings dishonor to a team and/or to the Athletic Department is considered a breach of the Code.

Under this Code of Ethics, you are expected to obey the rules and regulations of the NCAA, the NESCAC, the Department of Athletics and the college, including the college’s Student Conduct, Sexual Misconduct and Academic Integrity policies as well as all local, state and federal laws. Furthermore, you are expected to conduct yourself at all times with honor, integrity, good sportsmanship, honesty, and humility. You are expected to treat everyone with dignity and respect. Bates student-athletes are committed to advancing awareness and understanding of the value inherent in our diversity, broadly defined in terms of cultural, ethnic, sexual orientation and race, identity, age, religious beliefs, socioeconomic status, physical and mental abilities, and gender differences.

More information regarding violations and the appeal process is listed in the appendix.
In the spirit of good sportsmanship and favorable spectator involvement at Bates College athletic contests, fans are strongly encouraged to be loud, to be proud, but to be POSITIVE. To help ensure exemplary spectator conduct at sporting events, the following will be in effect for all home contests:

• Alcoholic beverages are prohibited at athletic contests.
• Anyone entering an athletic contest whom the Athletics contest management staff believes is under the influence of alcohol and/or drugs may be denied admission.
• The use of inflammatory language and/or displaying inciting actions at a contest is not tolerated and may result in immediate removal.
• The playing area is limited to athletics personnel only. Any individual entering the playing space may be asked to leave.
• Any signs, banners, shirts, noisemakers, etc. deemed inflammatory by the contest management staff, or that are in violation of NESCAC/NCAA policies, will be removed.

As a core value, the NCAA believes in and is committed to diversity, inclusion and gender equity among its student-athletes, coaches and administrators. We seek to establish and maintain an inclusive culture that fosters equitable participation for student-athletes and career opportunities for coaches and administrators from diverse backgrounds. Diversity and inclusion improve the learning environment for all student-athletes and enhance excellence.

More Information from the NCAA Division III on Diversity and Inclusion can be found [here](https://example.com).

NCAA Transgender Policy
EQUITY, INCLUSION, AND SOCIAL JUSTICE

BATES ATHLETICS DIVERSITY AND INCLUSION STATEMENT:
Bates athletics believes in embracing the transformative power of our differences to support an inclusive and equitable culture. We strive to provide equitable opportunities for all students, staff, faculty, and community members regardless of race, ethnicity, gender identity, class, creed, disability, gender expression, age, or sexual orientation. The Bates athletics department welcomes all members of the campus and greater community, embraces inclusion, and promotes respect for our teammates and the wider athletic community.

Bates College Non-Discrimination Policy

Bates College Trans Inclusion Policies

Bates College Office of Equity and Inclusion

While the department acknowledges the importance and the need to listen and learn, we are equally committed to change and action. All student-athletes, coaches and staff will not only be required to undergo training related to equity and inclusion, but will also have a voice in how education is conducted.

SOCIAL JUSTICE COALITION:
By using our collective voice to make an impact, words will be put into action through the formation of a Social Justice Coalition. The Social Justice Coalition will be comprised of SAAC members, staff and coaches, members from the Student-Athlete/Staff of Color group and additional student-athletes who are dedicated to creating a sense of belonging for all members of the athletics department. The charge of this group is to work collaboratively with key constituents to define, develop and prioritize recommendations related to equity and inclusion for the athletics department.

STUDENT-ATHLETES/STAFF OF COLOR GROUP:
These recurring meetings allow student-athletes and staff and coaches of Color an opportunity and safe place to meet and discuss personal experiences and issues on our campus and within our department. Please contact Head Football Coach, Malik Hall, mhall2@bates.edu for more information.
STUDENT-ATHLETE LEADERSHIP

STUDENT-ATHLETE ADVISORY COMMITTEE (SAAC):
The Student-Athlete Advisory Committee (SAAC) promotes and maintains among the Bates College student-athletes good sportsmanship, academic excellence, and involvement in the campus and local community. SAAC members represent all intercollegiate student-athletes and each varsity sport. SAAC representatives meet directly with the Director of Athletics and the SAAC Advisors on a regular basis and through that interaction, help positively impact the general administration of the athletics program to the benefit of the intercollegiate sports participants.

CLAWED (Community, Leadership, Accountability, Wellness, Equity, Dedication)
In alignment with the Bates College mission, CLAWED “prepares leaders sustained by a love of learning and commitment to responsible stewardship of the wider world” through a process-oriented curriculum designed specifically for Bates College student-athletes. The program engages these participants in promoting a shared vision through shared action. Members of CLAWED will strive to embrace and promote purposeful investment in athletics, academics, and community; and create and empower peers to follow a model of integrative learning, resilient teamwork, and inclusive and accessible leadership.

Bobcat Mentality: Learning to Lead the Pack
As the college moves forward in its shared student leadership development efforts with a focus on the Social Change model, similarly, CLAWED will “align with best practices, be grounded in equity and inclusion, and [will] advance Bates’ commitment to educating the whole person.” Program participants will learn through personal assessment, from guest speakers, and from each other, about the importance of community, leadership, accountability, wellness, equity and dedication (CLAWED). The skills and competencies the participants will acquire will have lasting effects for life beyond Bates College.
ALCOHOL, DRUG & OTHER PROHIBITED SUBSTANCES POLICY

Bates College has established community standards for the use of alcohol and other drugs, detailed in the Alcohol and Other Drug Policy found in the Code of Student Conduct. The Department of Athletics Alcohol, Drug, and Other Prohibited Substances Policy articulates the expected standards of behavior of all student-athletes regarding the use or abuse of alcohol, other drugs and prohibited substances and the support measures and minimum sanctions that will be implemented when violations of this policy occur. This policy will apply regardless of whether a violation occurs before, during, or after a student-athlete’s competitive season.

This policy serves as a baseline for individual coaches, who have the latitude to establish additional team policies either in-season or out-of-season, in consultation with the Director of Athletics. This policy does not supersede the discretion of individual coaches regarding the student-athletes on their team and their status as a member of their team. Under the supervision of the Director of Athletics, head coaches retain discretion over all team participation decisions.

MEDICAL AMNESTY POLICY:

In situations where a student has contacted Security or Bates EMS for medical treatment either for themselves or for a fellow student, neither the student calling nor the student receiving medical attention will receive a violation through the student conduct system. Students transported to the hospital in association with the consumption of alcohol or marijuana will have a conversation with the College’s alcohol, tobacco and other drug counselor, and a letter will be sent home to their parents. If a student is transported to the hospital more than once, college staff will explore whether a medical leave of absence is appropriate.

Situations involving a transport to the hospital as a result of illegal drugs other than marijuana or involving other violations (such as assault, disorderly conduct, etc.) fall outside the scope of the medical amnesty policy and may be handled through the student conduct system.

THE USE OF ILLEGAL DRUGS & PERFORMANCE-ENHANCING SUBSTANCES:

Students enrolled at the college may not use, purchase, possess, distribute, manufacture or sell any prohibited substance or illegal drug, any prescription medication without an authorized physician’s approval or any substance belonging to any of the classes of banned substances published by the NCAA, and updated periodically.

The student-athlete is responsible for everything that goes into his or her body; students use any drug and nutritional or dietary supplements at their own risk. A dietary supplement is a product that contains one or more of the following dietary ingredients: vitamins, mineral, amino acids, herbs or other botanicals, and other metabolites. Many dietary supplements or ergogenic aids contain banned substances. Often the labels of dietary...
supplements are not accurate and are misleading. Terms such as “healthy” and “all natural” do not ensure that supplements are free of banned substances. All participants should keep the Sports Medicine staff and/or team physician aware of all over-the-counter or prescribed drugs that they may be taking, including nutritional/dietary supplements.

Furthermore, all participants must consult with the Sports Medicine staff and/or team physician before using any dietary or performance enhancing supplement. A participant found to have possessed an illegal or banned substance will be subject to sanctions determined by the Director of Athletics in consultation with the Head Coach and the Vice President for Campus Life and Dean of Students and, depending on the violation, may be referred directly to the Office of the Vice President for Campus Life and Dean of Students.

SELF-REFERRAL:
Any participant who has a drug or alcohol problem is encouraged to seek help before a breach of this policy occurs and punitive action is taken by the Department of Athletics. Any self-referral will be strictly confidential and no team or administrative sanctions will be imposed upon the student-athlete who has made a personal decision to seek professional assistance. Student-athletes may, however be referred to appropriate counseling services and withheld from athletic participation until the Director of Athletics determines that such student-athletes are physically and mentally fit to resume their participation.

TOBACCO:
Participants are reminded that pursuant to NCAA Bylaw 11.1.7, the use of tobacco products is prohibited by all game personnel (e.g., athletes, coaches, trainers, managers and game officials) in all sports during practice and competition. A student-athlete who violates this tobacco policy will be subject to the same sanctions as detailed under the Alcohol and Marijuana section.
If you are uncertain whether you wish to file a report, you may speak confidentially regarding your experience or concerns with the following individuals:

Andee Bucciarelli, Sexual Assault Victim Advocate
Chase Hall 223
207-753-6996
abucciar@bates.edu

Brittany Longsdorf, Multifaith Chaplain
163 Wood Street, 2nd Floor
207-786-8272
blongsdo@bates.edu

Bates Counseling and Psychological Services
31 Campus Avenue
207-786-6200
caps@bates.edu

For more information go to:
www.bates.edu/sexual-respect

EADA Report:
https://ope.ed.gov/athletics/#/institution/search

To report on, or to receive support relating to, other kinds of bias incidents such as those pertaining to sexual orientation, disability or race:
http://www.bates.edu/diversity-inclusion/bias-incidents-hate-crimes/
HAZING AND TEAM INITIATION ACTITIVIES POLICY

The Athletics Department strictly prohibits hazing of any kind as well as all team initiation activities. Additionally, the Department is particularly sensitive to the role that alcohol often plays in hazing/initiation situations.

Actions and activities which are prohibited by the Athletics Department include, but are not limited to:

1. Any activity or action that creates a risk to the health or safety of another person.

2. Any type of initiation or other activity where there is an expectation of individuals who are joining a particular team to participate in behavior designed to humiliate, degrade, coerce or abuse them regardless of the person’s willingness to participate and/or the fact that the activity has been designated as optional or non-compulsory.

NCAA Hazing Prevention in College Athletics

Bates College Student Code of Conduct

SPORTS WAGERING

NCAA rules prohibit participation in sports wagering activities and from providing information to individuals involved in or associated with any type of sports wagering activities concerning intercollegiate, amateur or professional athletics competition. Sports wagering has the potential to undermine the integrity of sports contests and jeopardizes the well-being of student-athletes and the intercollegiate athletics community. It also demeans the competition and competitors alike by spreading a message that is contrary to the purpose and meaning of “sport.” Sports competition should be appreciated for the inherent benefits related to participation of student-athletes, coaches and institutions in fair contests, not the amount of money wagered on the outcome of the competition.

More information on sports wagering can be found on the NCAA website.
SOCIAL MEDIA
Student-athletes are expected to exercise good judgement in their use of social media, and to conduct these activities in a responsible and respectful manner. What you post is your brand. Keep in mind that your online image represents yourself, your team and Bates College.

MEDIA REQUESTS
Any and all media requests must be handled through the Sports Information Office. This is to ensure the request is in the best interest of the student-athlete, team and college.

Sports Information Director:
Andy Walter
Bates Communications Office
Email: twalter@bates.edu
Phone: 207-7816-6411

Assistant Sports Information Director:
Aaron Morse
Email: amorse@bates.edu
Phone: 207-755-5968

MASCOT REQUESTS
Want the Bobcat at an event you are planning? Fill out the request form here.

TEAM ASSESSMENTS
All varsity teams will have an opportunity to meet with their respective team administrator and complete a survey to describe their experience as a Bates student-athlete in 2020-21. The primary goal of the Department of Athletics is to ensure that all student-athletes develop a wide range of skills that will prepare them well for life after college. Your feedback is critical in this process.

EQUIPMENT AND GEAR RETURN POLICY
All student-athletes who receive gear/equipment from the Department of Athletics are responsible for the care and tracking of these items. At the end of each athletic season, student-athletes are responsible for returning the gear/items received at the onset of the season.

The Managers of Equipment and Contest Operations have assigned values to all gear/equipment distributed to student-athletes. The Managers of Equipment and Contest Operations also record all equipment issued and to whom it was issued.

If a student-athlete does not return gear/equipment that was issued at the outset of the season, the student-athlete will be billed by the Department of Athletics for the cost of the item. This will appear on the student bill issued by the registrar each semester.
ATHLETIC PERFORMANCE
MISSION STATEMENT:
It is the mission of the Athletic Performance department to provide the most comprehensive high quality of care of the whole student-athlete. The Athletic Performance department consists of Sports Medicine and Strength & Conditioning programs. These programs will work in conjunction to provide professional, high quality care and athletic development.

SPORTS MEDICINE PHILOSOPHY:
Bates College supports a philosophy of athletic participation that places the health and well-being of all student-athletes as the highest priority. The Sports Medicine department recognizes that it is critical to have a trained team of experts to treat a wide variety of health related conditions. The Sports Medicine staff will be comprised of medical professionals whose mission is to provide the highest standard of care. The Sports Medicine staff will continually review current practices as well as seek out continuing education opportunities in an effort to provide and maintain the highest standard of care. In keeping with this philosophy, there is a shared commitment among members of the sports medicine and coaching staffs to be vigilant in conducting practices and contests safely while responding to accidents, injuries and illnesses promptly and effectively, and to assist student-athletes in obtaining appropriate evaluation, diagnosis, treatment, rehabilitation and recovery.

SPORTS MEDICINE PERSONNEL:
Nick Cooke, Assistant Athletic Director for Athletic Performance
ncooke@bates.edu

Ben Walker, Assistant Athletic Trainer
bwalker@bates.edu

Catie O’Neal, Assistant Athletic Trainer
coneal@bates.edu

Bobby Daigle, Assistant Athletic Trainer
rdaigle@bates.edu

Katie Davis, Assistant Athletic Trainer
kdcavis@bates.edu

Andrew England, Assistant Athletic Trainer
aenglish@bates.edu

Tori ByDeLey, Assistant Athletic Trainer
vbydeley@bates.edu

STRENGTH & CONDITIONING:
Mike Seltzer, Strength and Conditioning Coach
mseltzer@bates.edu

INSURANCE:
Bates College requires all students to provide proof of primary insurance. Every insurance policy is different and it is the responsibility of each athlete and/or their guardians to ensure that their insurance policy covers any and all injuries sustained while participating in intercollegiate athletics. It is also the responsibility of each athlete and/or their guardians to ensure that their current insurance policy provides coverage in the region and network at Bates College. Proof of this insurance must be submitted to the Bates College sports medicine staff online using the ATS athlete portal. It is also highly recommended that the student carry a copy of their insurance card with them at Bates College. If an athlete’s insurance information changes from what was initially submitted or they have a lapse in coverage, it is the responsibility of the athlete and/or their guardians to notify the sports medicine department immediately and to provide them with their updated information. Any and all medical expenses that should arise due to failure to submit current up-to-date medical insurance information will be the sole responsibility of the athlete and/or their guardians.
If you do not have a primary insurance policy, or your policy does not provide adequate coverage in the region and network of Bates College, the College offers a student health plan for purchase. You can find more information about this policy and how to sign up at this website; https://www.bates.edu/health-services/insurance-2/

Bates College has also purchased a student accident policy for all students to provide a more comprehensive coverage of all accidental injuries with a benefit from dollar $0-2,500. This policy works in conjunction with your primary insurance, as well as the Bates excess policy. Student-athletes will be able to access this policy through the sports medicine department.

Furthermore, there is an intercollegiate excess insurance policy that will provide coverage, in addition to your primary insurance policy, associated to any injury incurred during a team sponsored event at which the coach is present and running a practice or competition within their playing season. This excess policy provides coverage from $2,500-90,000. In the event of a catastrophic injury the NCAA carries insurance coverage for damages totaling above $90,000.

**PRE-PARTICIPATION CHECKLIST:**

New Student-Athletes:
ATS Portal Information:
- Demographic Information
- Insurance Information
- Health History Questionnaire
- Authorization to Release Health Care Information
- Bates Risk form
- NCAA Concussion Fact Sheet
- COVID-19 Screen
- MaineGeneral Consent to Treat
- PHQ-8
- Sickle Cell Trait
- ADHD Documentation:
  - If on ADHD medication all listed documents on the ADHD reporting for must be filled out and submitted by the treating physician.

Pre-Existing Injuries:
- Physician Return to Sport Clearance
- Surgical Report
- Physician Treatment Notes
- Physical Therapy Treatment Notes

Returning Student-Athletes:
ATS Portal Information:
- Verify Demographic Information
- Verify Insurance Information
- Health History Questionnaire
- Authorization to Release Health Care Information
- Bates Risk form
- NCAA Concussion Fact Sheet
- COVID-19 Screen
- MaineGeneral Consent to Treat
- PHQ-8
- ADHD Documentation:
  - If on ADHD medication all listed documents on the ADHD reporting for must be filled out and submitted by the treating physician.
Pre-Existing Injuries:
- Physician Return to Sport Clearance
- Surgical Report
- Physician Treatment Notes
- Physical Therapy Treatment Notes

NCAA BANNED DRUGS & MEDICAL EXEMPTIONS:
The NCAA bans classes of drugs because they can harm student-athletes and create an unfair advantage in competition. Some legitimate medications contain NCAA banned substances, and student-athletes may need to use these medicines to support their academics and general health. The NCAA has a procedure to review and approve legitimate use of medications that contain NCAA banned substances through a Medical Exceptions Procedure. The diagnosis of adult ADD and ADHD remains clinically based utilizing clinical interviews, symptom-rating scales and subjective reporting from patients and others. Bates College and the NCAA follow the same guidelines to ensure adequate medical records are on file for student-athletes diagnosed with ADD and ADHD in order to request an exception in the event a student-athlete tests positive during NCAA Drug Testing.

All medications must be on file in the Sports Medicine Office prior to participation.
2019–2020 HIGHLIGHTS

164 student-athletes named NESCAC All-Academic

38 All-American awards won by Bates student-athletes

Women’s Rowing won the Head of the Charles for the third straight season

Men’s and Women’s Cross Country both qualified for the NCAA Division III National Championships, with the women placing a program-record 14th at NCAAs

Volleyball earned its fifth straight trip to the NESCAC Tournament, winning its most matches in one season since 2009

Women’s and Men’s Squash finished No. 16 and No. 19 in the nation, respectively

Field Hockey finished its season ranked 19th in the country, setting a program-record for NESCAC wins along the way

Men’s Soccer tied the program record for most NESCAC wins in one season

Football pulled off its biggest comeback win since 1969, rallying from 21 points down to defeat Hamilton 26-21 on the final day of the season

Women’s Basketball went 10-3 at home, its most home wins since 2005-06

Both basketball teams qualified for the NESCAC tournament
APPENDIX
STUDENT–ATHLETE CODE
OF ETHICS

Violation of the Code
Conduct or behavior that deviates from the expectations cited in the “Definition” section will be considered a breach of the Student–Athlete Code of Ethics. Individuals who have been accused of violating the Code of Ethics will meet with the appropriate coach/staff member to discuss the potential violation, to explore the full extent of the breach, and to determine sanctions. Response by the Athletic Department to a breach in the Code may include sanctions, singularly or in combination, ranging from the following:

- Official Letter of Reprimand
- Community Service
- Required Counseling or Educational Programming
- Loss of Playing or Practice Opportunities
- Permanent Removal from the Athletic Program.

In cases involving multi-sport athletes, the sanction(s) may apply to one or more of the individual’s sports, depending on the situation and the violation. When considering a case the Director of Athletics will take into account previous violations of the Code and of other departmental policies. Repeat offenses will result in increasingly heavy sanctions. In all instances, a copy of the outcome letter will be sent to the student–athlete, a copy will be placed in the student–athlete’s file and a copy may be sent to the student–athlete’s parents/guardians.

The Code of Ethics does not supersede or replace the college judicial process. This policy will not be used to alleviate any Dean of Students Office decision that has been rendered. Moreover, the Code may still be used to pursue a case in light of the elevated expectations of student–athletes. Athletic Department sanctions are separate from and in addition to any judgment coming from the College judicial process. This is not a process to appeal or eradicate coaches’ decisions on team rosters or playing time.

Appeal
Student–athletes who wish to appeal the imposed sanction(s) may do so under the following process:

1. A student–athlete appeal request must be submitted in writing within two class days of receiving the sanction to either the Director of Athletics or the Senior Woman Administrator, depending on who heard the case originally. The grounds for appeal include the following:
   - Sanction(s) imposed is grossly inappropriate;
   - New evidence has come to light which would have been sufficient to alter the decision regarding the sanction(s);
   - Evidence exists of bias on the part of the Director of Athletics and Head Coach(es).
   - The appeal will be heard by the Director of Athletics or Senior Woman Administrator (SWA), depending on who heard the original case. In all cases, the appeal will be heard by an administrator that did not hear the original case.

2. Once the appeal has been heard on the validity of the grounds for appeal, the Director of Athletics or SWA will make a decision on the case. They may agree with the original sanction(s), impose a different sanction(s), or dismiss the original sanction(s). At this time, the decision is considered final.

The student-athlete handbook may be amended or modified as needed. To find the most up to date handbook go to www.gobatesbobcats.com

2020-21 BATES STUDENT–ATHLETE HANDBOOK
ALCOHOL, DRUG & OTHER PROHIBITED SUBSTANCE POLICY

Bates College student-athletes must comply with all NCAA policies and programs and college policies related to alcohol and marijuana. Additionally, all student-athletes are expected to abide by the civil laws regarding alcohol and marijuana use and possession. The illegal or irresponsible use of alcohol violates the college alcohol policy, and marijuana possession/use is prohibited.

Department sanctions will generally be levied for the following:

1. The consumption of or being under the influence of alcohol or the use of or being under the influence of marijuana by student-athletes at any Athletics Department sponsored activity. A sponsored activity includes, but is not limited to, any contest, practice or team meeting, travel to or from sites of practice or competition, and camps/clinics.

2. A documented violation of the college’s Alcohol and Drug Policy (i.e., a Campus Security report that results in a level II violation or other formal action through the student conduct process).

3. A civil citation and/or arrest for an alcohol/marijuana offense.

Violations of this policy are cumulative throughout an athlete’s entire career at the college. Violations of other college or department policies or standards or particularly egregious conduct (including distribution of marijuana) will be adjudicated under the Student-Athlete Code of Ethics. These violations may also be referred directly to the Office of the Vice President for Student Affairs and Dean of Students or the Student Conduct Committee, where sanctions of probation, suspension and expulsion are considered.

FIRST VIOLATION: First-time violators must meet with the appropriate coach/staff member to discuss the incident. If an official warning is issued, a written copy of the warning will be sent to the student-athlete. A copy will also be placed in the individual student-athlete’s file. If needed, the student-athlete may be referred to the Health Center for counseling related to the violation. If the Dean’s office deems the infraction a level II violation, further action will be taken as appropriate.

SECOND VIOLATION: A second violation will result in the loss of participation, e.g., competition, practice and/or team activity as decided by the Director of Athletics and Head Coach. In addition, the student-athlete will be required to meet with the Assistant/Associate or Director of Athletics and to complete community restitution hours. The student-athlete may also be required to complete educational programming and/or to attend counseling at the Health Center. A copy of the outcome letter will be sent to the student-athlete and a copy will be placed in the student-athlete’s file.

THIRD VIOLATION: Athletes who violate this policy a third time face suspension or termination from the Athletics program.
SELLING AND/OR DISTRIBUTING AN ILLEGAL OR BANNED SUBSTANCE:
Whereas the use of a banned substance has the potential to lead a user to self-destruction, selling and/or distributing an illegal or banned substance has the potential to harm others, as well as the offender. Consequently, Bates Athletics, in its sole and absolute discretion, reserves the right to deal appropriately with any participant who is found to have sold and/or distributed or intended to sell and/or distribute a banned substance, including marijuana. A participant found guilty by Bates College or any state or federal entity to have sold or distributed a banned substance will be subject to immediate dismissal from the athletics program.

APPEAL PROCESS:
Student-athletes who wish to appeal the imposed sanction(s) may do so under the following process:

1. The appeal will be heard by the Director of Athletics or Senior Woman Administrator (SWA), depending on who heard the original case.

2. The grounds for appeal include the following:
   - Sanction(s) imposed is grossly inappropriate; New evidence has come to light which would have been sufficient to alter the decision regarding the sanction(s)
   - Evidence exists of bias on the part of the Director of Athletics and Head Coach(es).

3. The appeal will be heard by the Director of Athletics or Senior Woman Administrator (SWA), depending on who heard the original case. In all cases, the appeal will be heard by an administrator that did not hear the original case.

4. Once the appeal has been heard on the validity of the grounds for appeal, the Director of Athletics or SWA will make a decision on the case. They may agree with the original sanction(s), impose a different sanction(s), or dismiss the original sanction(s). At this time, the decision is considered final.

The student-athlete handbook may be amended or modified as needed. To find the most up to date handbook go to www.gobatesbobcats.com
My signature below confirms that I have read the Student–Athlete Code of Ethics and the accompanying Alcohol, Drug and Other Prohibited Substances, Hazing and Sportsmanship/Crowd policies. As a student–athlete at Bates College, I agree to abide by the principles detailed in the Code of Ethics and the accompanying documents.

(Initial) ________ I understand the purpose and process detailed in the Student–Athlete Code of Ethics. I understand that a breach of the Code, whether during the season or out of season, may subject me to sanctions that could affect my athletic participation.

(Initial) ________ I understand the policy and regulations of the Athletic Department pertaining to the prohibition of hazing and team initiation activities. I understand that if I am found in violation of this policy I will be subjected to the most serious sanctions including suspension from the team. In addition, I am aware that the team may be subject to group discipline that can include team probation, cancellation of individual contests, and/or cancellation of the entire season.

(Initial) ________ I understand the policy and regulations of the Athletic Department as spelled out in the Alcohol, Drug and Other Prohibited Substances Policy. I understand that multiple violations of this policy will result in sanctions that include the loss of playing and practice opportunities and may jeopardize my athletics participation.

(Initial) ________ I understand the Sportsmanship/Crowd Policy for athletic contests and that my failure to adhere to this standard may be construed as a breach in the Student–Athlete Code of Ethics and may also result in College disciplinary action.

(Initial) ________ I acknowledge that I have received education regarding the importance of knowing my sickle cell trait status, as well as the risks, potential impacts, and necessary precautions associated with sickle cell trait.

(Initial) ________ I acknowledge that I have received education regarding concussions and the department’s policies and protocols for managing a student–athlete’s safe return to athletic activities.

ACCEPTED AND AGREED:

_____________________________________________________________________Name, Sport(s)
_______________________________________________________________________Signature
________________________________________________________________________ Date
Bates College is delighted to welcome prospective student-athletes to spend overnight visits on campus. Official visits of prospective student-athletes are an excellent opportunity for recruits to learn more about life as a Bates student by experiencing it first-hand. The Department of Athletics is grounded in the principles of academic excellence, community, sportsmanship, inclusion, equity, and achieving competitive distinction. As hosts welcome prospective student-athletes to Bates, the visit should include elements of a genuine Bates student experience, while maintaining a comfortable and safe environment.

The Department of Athletics sets forth the following Prospective Student-Athlete & Host Code of Ethics that governs all overnight visits. This code reflects the laws imposed by the State of Maine, the NCAA, as well as the expectations set forth by Bates College and the Department of Athletics.

Please read the following statements and sign your names below to indicate that you fully understand and agree to the Prospective Student-Athlete & Host Code of Ethics. If you do not understand a statement or how it applies to you, please ask a member of the Department of Athletics staff to explain the statement further.

A prospective student-athlete must meet with the respective coach upon arriving on campus to review and sign the Prospective Student-Athlete & Host Code of Ethics along with the Host.

A prospective student-athlete participating in an overnight visit is required to abide by the conduct rules and regulations governing students regularly enrolled at Bates College. These rules include both the Student Code of Conduct and the Sexual Misconduct Policy, the links to which can be found online at: http://www.bates.edu/entering/policy/judicial-affairs/code-of-student-conduct.

The Host of the prospective student-athlete will refrain from consuming alcohol, providing alcohol to a prospective student-athlete, or using illicit drugs during the overnight visit period (up to 48 hours).

The purchase, possession and consumption of alcohol and/or illicit drugs during an overnight visit is strictly forbidden. Violation of this policy could jeopardize the prospective student-athlete’s enrollment to Bates College.

A prospective student-athlete is not to be unaccompanied. If necessary, another member of the team may relieve the initial host. Under these circumstances, the second host will now be responsible for upholding the Prospective Student-Athlete & Host Code of Ethics in its entirety.

A prospective student-athlete should not be taken off campus; however, walking with them to the downtown Lewiston area is acceptable when approved by the head coach and provided that the prospective student-athlete and host return to campus by 11:00 p.m. Under no circumstance should a prospective
Any report of the host or the prospective student-athlete evading, disrespecting, or giving false information to a Bates Security Officer or Bates personnel will be met with severe consequences.

The host is responsible for representing Bates College and the Department of Athletics positively. Most importantly, the host is responsible for maintaining the prospective student-athlete’s well-being and safety to the best of the host’s ability.

It is important to remember that the ultimate goal of any prospective student-athlete’s visit is to help find student-athletes who will make a great addition to the Bates College community and athletic program.

I hereby authorize that I have read, fully understand, and can apply in practice the terms set forth above, and agree to abide by them during this overnight visit to Bates College. I also accept any sanctions that correspond with the violation of these terms, which include permanent expulsion from participating on a varsity team at Bates College.

___________________________________________  _____________________________________
Signature of Prospective Student-Athlete                       Sport(s)

___________________________________________
Printed Name of Prospective Student-Athlete                      Date

___________________________________________
Signature of Host

___________________________________________
Printed Name of Host                          Date
Travel to and/or return from Bates College Athletic Contest in vehicle other than that provided by Bates Department of Athletics:

I, the undersigned ______________________________________________________________

(Name)

In consideration of my being permitted to participate in the activity as hereinafter described, at or sponsored by Bates College, acknowledge that I am aware of all the attendant risks in such participation, and hereby waive and relinquish any and all claims and demands which I may have against Bates College, its agent, servants, successors and assigns, arising or growing out of my participation in said activity.

Contest Date: _______ Opponent: _____________________ Site: _______________________

This Waiver and Release shall be binding upon my heirs, executors, administrators, and assigns.

Signature _______________________________________________________ Date: ________

Parent/Guardian Signature __________________________________________ Date: ________

Sport_____________________________________________________________

Description: ______________________________________________________________________
________________________________________________________________________________
________________________________________________________________________________
________________________________________________________________________________
________________________________________________________________________________
________________________________________________________________________________

NOTE: All aspects of the Bates Athletic Department Travel Policy still apply even though a student-athlete receives permission to travel to and/or from a contest in a vehicle other than that provided by Bates.

Bates College Athletic Department Fax Number: (207) 786-8232